

Raise **HAPPY FAMILIES** PROGRAM

BUILD AN EMOTIONALLY INTELLIGENT
FAMILY WITH THE FAMILY CHARTER



Raise Happy Families Program – Build an Emotionally Intelligent Family with the Family Charter

Join experienced parenting educator **Michael Grose** for our **3-week online parenting program** where he'll give you the tools and the game plan to create a **HARMONIOUS family culture**, where parents and children feel VALUED, RESPECTED and SUPPORTED, all from the comfort of HOME.

Session 1: What does a strong family look like?

We'll introduce you to the characteristics of strong, happy families and look at the parenting style best suited to strong family formation. You'll get an opportunity to reflect on and assess your family's strengths and your own parenting style. You'll also get the chance to produce your very own personal Emotional Intelligence Charter.

Session 2: Introducing the Emotional Intelligence Charter

In this session we'll take you through the nuts and bolts of creating an Emotional Intelligence Charter with your family. We'll consider children's age differences and also provide fail-safe communication techniques that will enable you to sit down and formulate the charter together.

Session 3: How to use the Emotional Intelligence Charter

In this session we'll look at how you can incorporate the Charter into your every day parenting. In particular, we look at some common scenarios where the Charter can be used to promote empathy and problem-solving with your children.

Session 4: Review and revisit the charter

The Emotional Intelligence Charter is not a set and forget document. It's a powerful process that needs to be revisited and reviewed as your children develop. In this session we'll take you through the review and revisit processes so that your Family's Emotional Intelligence Charter is always relevant and up-to-date.

BONUS Session: Conducting successful family meetings

In this extra session I'll show you how to conduct and use family meetings to improve communication, cooperation and conflict resolution skills in your kids.

Join now for \$57 to take advantage of FREE access to Parentingideas Club before the course starts on 27 July.

Or why not join **Parentingideas Club** for \$197 annual membership and get access to all the CLUB resources PLUS all 5 courses planned during the next 12 months.

FIND OUT MORE at: www.parentingideasclub.com.au/raise-happy-families-program

Or contact the Parentingideas team 03 59831798 office@parentingideas.com.au